

Adem - Mem

Setu - Appointed

Emosh - Mental

Kernam - Sorrow

Mahalalel - The blessed God

Jared - shall come down

Enoch - Teaching

Methuselah - His death shall bring

Lamech - The despairing

Noah - Rest on comfort.

Mem is appointed mental sorrow; but
the blessed God shall come down teaching
that His death shall bring the despairing
rest. Anem.